



Friday Flier



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A Few Thoughts from Mr. Galati



This year, in our neighborhood, the number of families requesting aid from local food banks remains high. Unfortunately, supplies remain low. In response, Chief Joseph has been participating in Project Second Wind, a food drive within our student body. Over the past five days, response has been somewhat slow-- *pictured left are Ari and Jaryn*. Taking care of each other is a hallmark of our

school. We support each others' efforts academically, athletically, and artistically. Teaching our children that reaching out and caring for each other continues throughout our community is an important part of Project Second Wind. This weekend, if at all possible, encourage your child to find an extra task around the house or a project for a neighbor. Have them help earn some canned food to bring in for the drive. They will learn an important lesson about responsibility for themselves and for each other. Our

Important Dates

March 7-11: Classified Employee Appreciation Week

March 8: School Tour – 10:00 am (Call to schedule)

March 9: Late Opening Day (starts at 10:45 am-**PreK on usual schedule**)

March 11: Elementary/Middle School Transfer Application Deadline

March 11: Tea with G at 2:30 pm- Library

March 17: Girls' Night Out- 6:00-8:00 pm- Gr. 3-5

March 18: No School-Teacher Planning Day

March 21-25: Spring Break

Nuevos Estudiantes de Guatemala

por Wilson Francois, Marisel Bastias y Ms. Kelly

Lucía y Antonio son los nuevos estudiantes en la Escuela Chief Joseph. Lucía está en cuarto grado y Antonio está en primer grado. Son de un pueblo que se llama Quetzaltenango en Guatemala y hablan un español hermoso. Su padre ha estado trabajando aquí desde hace diecisiete años, y Antonio y Lucía siempre

habían vivido apartados de él. Recientemente su padre pudo conseguir papeles para traer a su esposa y a sus hijos Lucía, Antonio y Juan a Oregón. Ahora pueden verlo todos los días y no sólo durante sus visitas ocasionales a Guatemala. Lucía se siente feliz de poder ver a su padre todo el tiempo. La mayoría del resto de la familia de Lucia vive en Guatemala, incluyendo a los

padres de su madre y sus tíos, tías y primos. Lucía los echa de menos, pero le gusta vivir en Portland. A ella le gusta la Escuela Chief Joseph porque le gusta aprender Inglés, a pesar de que es difícil. Ella dice que los maestros son buenos y también los estudiantes. Ella siente que la educación es mejor aquí que en Guatemala. ¡Bienvenidos a la Escuela Chief Joseph Lucía y Antonio!



Lucia and Antonio are new students at Chief Joseph School. Lucia is in fourth grade and Antonio is in first grade. They are from a town called Quetzaltenango in Guatemala and they speak beautiful Spanish. Their father has been working here for seventeen years and Antonio

New Guatemalan Students

by Wilson, Ms. Bastias and Ms. Kelly

and Lucia had always lived apart from him. Recently their father was able to get papers to bring his wife and his children Lucia, Antonio and Juan to Oregon. Now they can see him every day rather than just during his occasional visits to Guatemala. Lucia is happy to see her dad all the time. Most of the rest of Lucia's family lives in Guatemala, including her mother's parents and her

aunts, uncles and cousins. Lucia misses them but she enjoys living in Portland. She likes Chief Joseph School because she likes learning English, even though it's hard. She says the teachers are nice and so are the students. She feels the education is better here than in Guatemala. Welcome to Chief Joseph School Lucia and Antonio!

Fraction Bars

By Rachel, Ava, and Selam 3rd grade students

In 3rd grade math, we are doing fractions and we learned something new called fraction bars. Our teacher said we could use them as cheat sheets for our homework. This took us a couple of days to finish. We had 0, 1/12, 1/10, 1/8, 1/6, 1/5, 1/4, 1/3, 2/5, 1/2, 3/5, 2/3, 3/4, 4/5, and 1 whole. These fraction bars are for a game we are playing called Fraction War. It was hard because we had to copy the numbers of small cards that already had big pictures on them. When we started, we thought that it would be boring but it got fun when our teacher said that we could work alone. So, in conclusion, it was a little crazy but they turned out well and we had fun writing this article.

Girls' Night Out is Coming on March 17th

Attention all girls in grades 3 through 5:

You are invited to Girls' Night Out on Thursday, March 17th.

Join us from 6:00 to 8:00 pm for free food, activities, and fun. Don't miss out!

You will need to be accompanied by an adult (mother, grandmother, aunt, or other female adult friend). Permission slips will be available soon.

The Remedy

By Ms. Olivia Beasley, School Nurse RN

CARBOHYDRATES:

Energy for Body and Mind- Grains Get You Going

Carbohydrate is the preferred energy source for our bodies. It fuels the work of most of the body's cells and is the primary source for the brain and nerves.

While we need energy for playing sports and exercise, we also use energy just to keep alive. With each breath, heartbeat or blink of the eyes, we are "spending" energy. In fact, our body's first and most important need is for energy.

COMPLEX

CARBOHYDRATES, found in grains, beans, fruits and vegetables supply our bodies with an optimal fuel source. These foods also supply fiber, an indigestible carbohydrate important for health. Sugars, also known as simple carbohydrates, supply a quick but short-lived source of energy.

The more active the child the more carbohydrate is needed in the diet to fuel the work of the BRAIN, NERVOUS SYSTEM and MUSCLES.

Fatigue, "burn out" and lack of stamina can all be signs that body carbohydrate stores are low.

INCLUDING A SOURCE OF COMPLEX CARBOHYDRATE AT BREAKFAST FUELS BRAIN CELLS FOR OPTIMAL LEARNING THROUGHOUT THE MORNING HOURS.

Source: Oregon State University Extension Service and by the Oregon Department of Education

Chief Joseph at a Glance

Kindergarten: This week we celebrated the 100th day of school in Kindergarten. Students had the opportunity to participate in activities related to the number 100. It is hard to believe that we have been in school for 100 days already! Thank you for all that you have done for your students this school year. They are becoming wonderful learners!

2nd Grade: In second grade math we are finishing up our geometry and fraction unit and gearing up for our measurement unit. In reading we are working on reading comprehension and working with suffixes. The dentist visited us last Friday and is offering free dental sealants. Please return your dental sealant forms as soon as possible.

4th/5th Grade: WHEW! The fourth graders have completed the State Writing Test. We are quite proud of how hard they worked over the week-long test. The fifth graders worked on

a writing work sample as well. In Math, the fourth continue to study fractions and the fifth are beginning their study of fractions, decimals, and percents. **PROJECT SECOND WIND** was this week. Our goal was to collect a total of 800 lbs. We'll see if we met that goal...perhaps we went well over that goal. That would be outstanding! Chief Joseph is an amazing community.

PE: PE is up and flying with arms-a-swinging! Jump rope has hit the floor at Chief Joseph and all grades are jumping like crazy. Pre-K is working on basic jumping without twirling the rope. This is a static rope that they try and hop over while it is laying on the floor. Their goal is to master balance by landing on the balls of their feet without letting their heels touch the ground. This is a great skill developer and the Kindergarten to first graders are learning basic

jumping while twirling. Now the 2nd through the 5th grades are getting into jump rope skill challenges. They have skill cards to see how far individually each jumper can go mastering new tricks along the way. The further they move down the skill chart the more difficult the jumping becomes. Keep swinging,

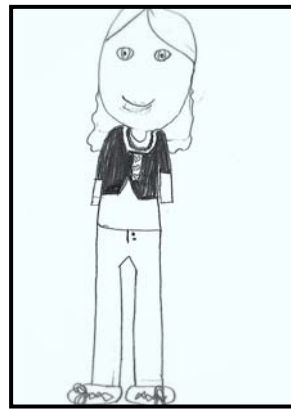
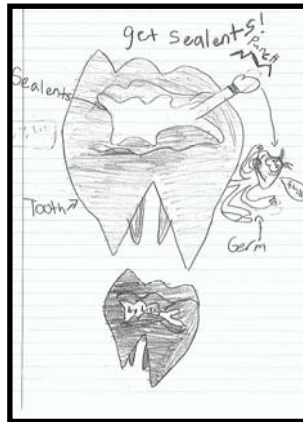
Coach Hudson



Attendance

Reminder: If your child is going to miss school or be late, please remember to call the office at any time before 10:00 am—otherwise your child's absence will be counted as unexcused.

Student Art Gallery *Courtesy of the students at Chief Joseph*



Kelso of the Week:
Geedi Ali



I like being a Kelso Coach because I get to help people. Being a Kelso is fun since we get to play with the younger kids that need help.

School Pieces:

- **Box Tops for Education.** We do collect these. Could you please trim these down and turn them into the office to Patsy.
- **Don't forget about Coke Points.** Register online at www.mycokerewards.com and give Chief Joseph the points
- **Lost something lately, check the Lost and Found area across from the cafeteria**
- **We are now participating in an ink cartridge recycling program that makes money for Chief Joseph—just bring your empty cartridges to the recycling box in the front hallway.**

Hand Blow Dryers By Roma, 5th Grade student

Think about all of the paper towels we dispose in the trash every day. Well, if you think about it, it is a lot. Now, do you know where all these paper towels go? Well, they go to our local landfills and they pollute our oxygen—aka air.

So that is why I think that we should have high powered hand dryers

installed. Can you believe how easy our lives would be with these? All you would have to do is push that silver button and smother your hands in the hot air. And, if more of our schools used them, do you know how much it would change?

So, as Student Council President, I think we should look into this.

If anyone has any suggestions or thoughts on this, please let me know. Our next Student Council meeting is Tuesday, March 15. Please put a note in Ms. Stro's box and I will be sure to share it at Student Council.



Our second graders have been studying and writing biographies of famous African Americans. We have developed a quick quiz for you to enjoy

- | | | |
|--|---|--|
| 1. Crispus Attucks fought in which fight? Civil War
Boston Massacre | 6. Harriet Tubman was a nurse and a spy. True False | 11. Fredrick Douglas met Abraham Lincoln. True False |
| 2. Joe Louis was a good carpenter. True False | 7. Shirley Chisholm was born in Africa. True False | 12. Elijah McCoy made oil for trains metal lotion. |
| 3. George Washington Carver discovered fish peanut butter ketchup | 8. Sojourner Truth was born in 1933 1833 1920 | 13. Garret Morgan invented the motorcycle parachute 3 way traffic signal |
| 4. Where did Bessie Coleman learn to be a pilot? America France China | 9. Where did Matthew Henson go on trips? China North Pole Africa | 14. Benjamin Banneker was free. True False |
| 5. Rosa Parks drove a bus voted for black rights had a car | 10. When did Ben Carson perform a surgery to separate two Siamese twins joined at the head? 1916 2009 | 15. When was Barack Obama born? 1971 1961 1981 |

Xerox Science

By Hazel, 4th grade student

Science can be fun or boring
At least no one's absolutely boring

Sometimes it perks you up
They sometimes do experiments in a cup

It can be hard to understand
Especially when your brain won't expand

For the most part it is fun
And the lady doesn't wear her hair in a bun.



Ms. Stro

By Madi, 4th grade student

She is awesome,

She is a teacher that is funny.

When she teaches, she teaches with humor.

Ms. Stro is a blonde haired teacher that is funny

It's That Time of Year Again!

2011 Chief Joe Talent Show!!

Did you know that Chief Joe has the most talented students in all of North Portland?

Come check them out for yourself at this year's Talent Showcase April 22nd @ 6:30pm

You'll see dancing, singing, acrobats, live instruments and MUCH MORE!!

Feel free to call or email questions to Brandi Webber

@

503-839-7877 or talentshowcase@chiefjoepa.com

HOPE TO SEE YOU THERE!

Science by Selam, 3rd grade

Last week in Ms. Martinez' 3rd grade class we did a science experiment. There were lots of materials that we had to get and we all had partners. We each had to get 3 glasses of water, each containing a different item in it. One cup was filled with fish gravel, another was filled with paper towels and the

third cup was filled with salt. We had to observe what happened to each cup after two days. Of course the cup with salt had already dissolved, but there was still some salt at the bottom of the cup. What we were trying to figure out was if anything changed overnight. We each got a worksheet with four squares on it and we

had to write our thoughts on it. We had a lot of time to do it. When we finished, we all shared our thoughts to the class and then cleaned up our lab.



Special Points of Thanks

Thank you to **Ms. Hopkins** for your animated reading of Horton Hears a Who.

Thank you to **Ms. Stro** for filling in for me on Tuesday and Wednesday morning and half day Thursday.

Thank you to **Ms. Nancy** and **Ms. Becky** for your attention to our PreK... the hats were a hit this week.

Thank you to **Mr. Hudson** for the different activities our kids get to do during PE.

Thank you to our stellar team of **Ms. Eastman, Mr. Roth, Ms. Christman** who continue to monitor and ensure the quality of service for our students with IEP's



Lifeskill of the Week:

Trustworthiness: To act in a manner that makes one worthy of trust and honesty.

Happy Birthday to:



- March 6: Tristian Christian, KG
- March 7: Faine Phillips-McKay, KG
- March 8: Ira Pickett, 1st
- March 9: Miles Hekker, 4th
- March 10: Raymond Sanchez-Harris, 1st

What is in those Landfills?

By Crystal and Karmann, 3rd grade students

If you walk around the building, be sure to notice the new signs we just put up. Our signs remind you what is in our landfills. Both Crystal and Karmann in Ms. Walker's class are interested to know if you see them. If you have any thoughts about them, please let us

know. The purpose of the signs is to remind you to recycle more. Use less paper and use less plastic. If you have more ideas about the world, tell us in Room 10. Put a note in Ms. Walker's box or email her at swalker@pps.k12.or.us. We will be sure to get back to you. Just remember one

important thing: RECYCLE at HOME!



Measures to update schools, pay for teaching positions on May Ballot

In the May 17 election, Portland Public schools voters will decide on two measures: a five-year replacement local option levy that would pay for teaching positions starting next year and a six-year school facilities bond to update and increase safety at all PPS schools buildings,

Measure 26-121, the school facilities bond

This school facilities bond measure would pay for up grades at all PPS Schools. The average PPS school is 65 years old and school buildings face multiple issues:

- Out of date plumbing, electrical wiring, heating and ventilation, fire alarms, lighting and more.
- Classrooms, science labs and libraries that do not support modern educational programs
- The need for additional earthquake safety, accessibility and safety in stage areas.

The \$548 million bond measure would increase safety and security at all PPS schools; renovate and update building systems, classrooms and grounds; and retire existing school project debt. The bond also would rebuild or comprehensively renovate nine schools where that would be more cost effective.

Further information is posted at www.pps.k12.or.us, including a list of work to be completed at each school, and photos of modernized schools in the suburbs and Seattle to illustrate the type of work proposed. The rate for 548 million bond measure, about \$2 per \$1,000 of taxable assessed value, would cost the median homeowner roughly \$25.00 a month.

Next flier will include information on Measure 26-122, the local option levy.

Sarah Ames, Department of Community Involvement and Public Affairs, 503-916-3212 sames@pps.k12.or.us

Counselor’s Corner by Elliot Witherspoon, School Counselor

I recently began the process of applying to be an intern with the Oregon State licensing board. I will begin accruing hours to obtain my license as a Licensed Professional Counselor (LPC) as soon as my extensive application is approved. This process has involved going back to the university to meet with former professors, admissions representatives

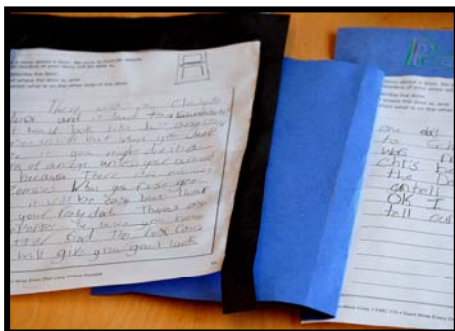
and seeking out the best supervisor for my personality, work place and counseling style. It has not been a quick process, but one that has forced me to reflect on all the steps it took to become a school counselor. Working toward this license won't change the way I work at Chief Joseph in any way, although I suspect I will pay more attention to the way I

offer support to our school community. I am really excited to begin this process and will be circulating my professional disclosure statement in an upcoming Friday Flier. If you have any questions about this, please don't hesitate to contact me. Best, Elliot ewithers@pps.k12.or.us, 503-916-6255



Sporting Ties Kainoa and Mr. Galati.

Classroom Corner by Nicole and Karmaan



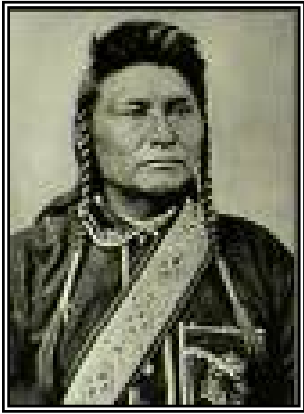
Ms Willeman’s class has been writing imaginative stories using the writing prompt, “What’s behind the door?” They even designed a door to glue to their stories. The pictures shows the writing, but if you look closely you might see a small picture of a door.



In Ms. Sands class, students have artwork that depicts the use of a view finder to narrow and define a picture. Every student gets a viewfinder. The students drew what ever was showed in the center rectangle.



In Ms. McCartney’s class, the first graders are learning about geometric shapes and their attributes. So last Friday, they had to create an art piece displaying all the different shapes. This has been the classroom corner



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*A School Focused on
Safety, Achievement,
and the Joy of
Learning*

Friday Flyer

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Portland Public Schools

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Portland Public Schools recognizes the diversity and worth of all individuals and groups and their roles in society. It is the policy of the Portland Public School Board that there will be no discrimination or harassment of individuals or groups on the grounds of age, color, creed, disability, marital status, national origin, race, religion, sex or sexual orientation in any educational programs, activities or employment.

PTA Connections

PTA MEETING SCHEDULE FOR THE REST OF THE SCHOOL YEAR:

Thursday MARCH 31ST @ 6PM- This PTA meeting will be focused on the Night of Magic Auction, other Fundraisers and our Spring PTA functions.

Tuesday MAY 10TH @ 6PM: PTA Nominations meeting. If you are interested in running or being nominated, please contact any board member prior to this date.

Thursday May 26th @ 6pm- PTA Elections and year end wrap-up.

TALENT SHOW PRACTICES START TODAY IN THE CAFETERIA!

The Talent Show is April 22nd from 6:30 - 8:30pm

Practices are every Friday from 3-4:30 in the cafeteria. Each child must be accompanied by participating parent/ coach. Make sure your permission slips are in! Can you help? We would love to add another practice day, please contact Brandi Webber at talentshowcase@chiefjoeppta.com

GREEN COMMITTEE UPDATE

Thanks to everyone who is helping with the recycling efforts at Chief Joe. We now have a bucket for used Glue sticks, old batteries and printer cartridges for recycling. If anyone would like to help rinse and recycle milk and juice cartons after lunch please let me know. Currently the morning crew is taking them home each day for recycling in our blue bins or dropping them off at Far West Fibers on N. Rosa Parks. It would be great to see more recycling done from lunch instead of the milk and juice cartons ending up in the trash.

Two Green tips this week:

#1 Shut down and unplug. Computers use energy even when they're turned off. Phone chargers use energy if you leave them plugged in, even when not used for charging. On any appliance, a glowing light means energy is being used. Unplug as much as possible each night before bed.

#2 Minimize idle time. When waiting to pick up the kids from school or in the Burgerville Drive-Thru lane, turn off your car to save gas and reduce emissions. With gas prices heading toward \$4 a gallon this will save everyone money and help the environment.

Sean Gettings
seangettings@gmail.com

503 753-2382

Thank you for your support!!

Michelle Maryatt

PTA President, Chief Joseph Elementary

www.chiefjoeppta.com

Friend us up on FACEBOOK!

We at Chief Joseph dedicate ourselves to promoting the knowledge of each learner in an atmosphere of safety, achievement, and the joy of learning. We work toward our goals collaboratively as a staff and with parents and our community. We believe that every child can learn and that it is our responsibility to make it happen. Children have the right to learn in a school where everyone feels that they belong and can contribute to the community, and where the whole child can exercise their mind, body and voice.