



# Friday Flier



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## Important Dates

**April 5:** Student Council at 8:30 am

**April 5:** Site Council at 3:15 pm

**April 8:** Tea with G at 2:30 pm in the Library

**April 12:** Lifetouch Spring Pictures- group & individual

**April 13:** Run for the Arts

**April 15:** The Portland Play- 6:30 PM for parents & friends

**April 22:** The Talent Show

**April 29:** Night of Magic Auction

**May 2-6:** Teacher Appreciation Week

**June 14:** 5<sup>th</sup> Grade Farewell – 9:30-11:00 in the Cafeteria

**June 14:** Last Day of School



## A Few Thoughts from Mr. Galati

Over the past few weeks, I have received notes from parents, teachers, and other students talking about how our young student body at Chief Joseph continues to do the right things. In particular, they practice their lifeskills. Our staff is teaching skills in class and Ms. Witherspoon reviews these weekly with our students. Our kids practice these skills on a regular basis. For example, Chief Joseph students demonstrate their personal best by helping out and problem solving issues that have surfaced amongst themselves. When they find items, they immediately turn them into the office. They show politeness to people who visit our building. I have nothing but pride in our students. On the Friday before Spring Break, three students asked if we could do something for the Earthquake/Tsunami victims of Japan. I wish to let you know that the Student Council will be looking into some options for a school project. Chief Joseph is a vibrant community that looks for the good in each other. I feel so lucky to be here.

## Trashcan Joe Kicks off Run for the Arts, By Jackson, grade 4

This week we had a surprise assembly. The assembly was for a band called Trashcan Joe. In the band there were four people. The band got its name because most of the instruments are made out of trash. One of the instruments, a banjo, was made from the bottom of a trashcan, the lid of a trashcan, and the neck of a banjo. The next instrument, a bass, was made from a trashcan and what looked like a coat rack. The next instrument was made out of a boot, a stick, some nails and bottle caps, and was made to sound like rain. The last instrument



was not made out of trash but was actually found in the trash. It was an accordion.

The band played jazz music. Some of the songs included *Waterfall*, which one of the musicians wrote himself, *Singing in the Rain*, *I Love Trash*, and *La La*, which is a "repeat after me song".



## Dissolving Sugar by Crystal and Hannah, 3<sup>rd</sup> grade

In class we did a science experiment. It had sugar involved, and we tested which one would dissolve quicker. There was sugar that was granulated and

sugar in a cube. My hypothesis was that the granulated sugar would dissolve first and the cube would dissolve last. We added the sugar to water and

paid lots of attention to how long it took to dissolve. The granulated sugar dissolved faster. This experiment was fun.

**Gratis ~  
Empoderamiento de  
las Mujeres**

**Enfocándose en temas  
que a usted le  
interesan.**

**Haciendo proyectos  
divertidos.**

**Formando nuevas  
amistades con  
mujeres.**

**Todo en español.**

**¿CUÁNDO? El grupo  
de mujeres durará  
cuatro semanas.**

**Los lunes de 11:00 a  
12:00.**

**Por favor llame para  
inscribirse al: 503-916-  
5875**

**Lugar:** Centro de Apoyo  
a las Familias @  
Escuela de Applegate  
7650 N. Commercial  
Ave. 97217 Por favor  
llame para inscribirse al:  
503-916-5875 Ciudad de  
niños según se

**Girls' Night Out**

by Alyn Rivera, 4<sup>th</sup> grade student

On March 17<sup>th</sup> it was Girls' Night Out. It was a really fun party. We had at Chief Joseph. First my mom and I ate pizza. It was yummy. We drank yummy soda. When we were done eating and drinking, we went to P.E. The game we played was Soak'em. I got a bunch of balls and I gave a lot to my friends. We had lots of fun. Then we went to Science. We got bones out from the owl pellets. I got out skulls, leg bones, and lots, lots more. Finally we did some art. We used strings. My mom did a butterfly, flower, and a bracelet. I did a bumble bee and a ring. It was the most fun party ever!



**Girls' Night Out** by Ava, 3<sup>rd</sup> grade student

This was my first Girls' Night Out. The first thing we did was get our name tags and eat. Our name tags were three different colors: red, blue and green. I was blue. Blue started with Soak'em and my mom and I rocked! After Soak'em the blue group went to science and we got owl pellets and we dug out the bones. After that, we made jewelry. The night ended with ice cream. We had a great time.



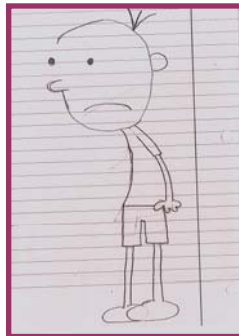
**Student Art Gallery** Courtesy of the students at Chief Joseph

**Consider this?**

58% of children aged 2-5 know how to play a "basic computer game" compared with 52% who know how to ride a bike.

63% of young kids can turn a computer on and off, and 69% can use a mouse. In contrast, only 39% know their home address, 37% can write their first and last name, and 11% can tie their shoelaces without help.

(According to the Digital Diaries study from AVG)



**Lifeskill of the Week:**

**No Put Downs:** To never use words, actions, and/or body language that degrade, humiliate, or dishonor others

We at Chief Joseph dedicate ourselves to promoting the knowledge of each learner in an atmosphere of safety, achievement, and the joy of learning. We work toward our goals collaboratively as a staff and with parents and our community. We believe that every child can learn and that it is our responsibility to make it happen. Children have the right to learn in a school where everyone feels that they belong and can contribute to the community, and where the whole child can exercise their mind, body and voice.

## Energy Drinks—Too Risky for Kids

The latest dangerous trend affecting children is energy drinks. There are no age restrictions, so young children are routinely purchasing energy drinks at grocery and convenience stores.

### What Are Energy Drinks?

Energy drinks:

- Are carbonated beverages claiming to increase alertness and endurance;
- Contain up to 3,000 mg of stimulants per serving (compared with 34.5 mg in a can of Coca-Cola); and
- Common brands include Red Bull, Monster, and Rockstar.

### What Are the Risks?

Energy drink companies are marketing these drinks to children through television shows and sports advertisements. Adolescent males are quickly becoming the top consumers of energy drinks in this \$10 billion industry. A recent study titled "Epidemic: Teen

Perceptions and Consumption" indicates that by age 12, one in three students had tried energy drinks. By age 14, 80 percent had tried an energy drink and nearly 50 percent consumed the drinks on a routine basis. Energy drinks have large amounts of stimulants, including guarana (one of the most potent sources of caffeine). While companies are required to state caffeine is an ingredient, they are not required to list other stimulants or to include the amounts. Companies are not required to list the potential risks of the beverages. Known side effects of consuming excessive stimulants in energy drinks include:

- Heart palpitations;
- Caffeine addiction;
- Severe headaches;
- Rapid heartbeat;

- Jolt and crash episodes;
- Jitteriness and nausea;
- Insomnia; and
- Increased propensity for strokes.

The long-term effects of children using energy drinks are unknown. Research indicates that childhood energy drink consumption might be linked to future illicit drug use.

### What Can We Do?

**Talk to your kids** about the risks of energy drinks to prevent first trial. "Our children don't need more drugs (or more stimulants) like the caffeine these drinks contain, not to mention the empty calories provided by these drinks," says Denise Koo of the Centers for Disease Control and Prevention.



Palmer and Mr. Galati are sporting their ties

### Readers of the Week Winners

Congratulations to:  
**Mackenzie Miller, KG**  
**Shania Sweet-2<sup>nd</sup>**  
**Bunny Goodwin, 3<sup>rd</sup>**  
**Hazel Lucey, 4<sup>th</sup>**



Dooley is sporting a brand new tie with Mr. Galati

## Chief Joseph at a Glance

**Pre-Kindergarten:** All of us in Pre-K are so happy to be back to school! We were disappointed that our caterpillars metamorphosised into butterflies over Spring Break because we wanted to see it happen. This week we became more independent and ready for kindergarten by coming into the classroom without our parents. It seems like it is harder on the parents than the students: separation anxiety for adults! The Pre-K classes created art using "Lines in Motion". Please take the time to view our beautiful gallery of art displayed outside our classroom. We are all so proud! We are also proud that our P.M. class donated the most weight in food during the canned food drive and won the ice-cream party.

**1st Grade:** Welcome to the last trimester of first grade!

We have finished assessing everyone in reading, writing and math and we have completed report cards. Report cards are being sent home today in your child's home folder. The first grade team has reconfigured reading groups to best meet each child's need. Please remember to have your child to school on time each day; if they are late, they miss part of reading groups! First grade is also starting a new math unit called "Number Games and Story Problems." This unit focuses on adding and subtracting using efficient and accurate strategies. Also, please be sure to return your permission slip for our April 22 field trip!

**3<sup>rd</sup> Grade:** We are working on the Portland Play--

practicing lines, learning to tap dance, and singing the songs by memory. We are finishing up the *Changes* chemistry kit, and about to start the *Growing Things* plant unit kit. We will be creating Portland Play art and props during art. We are finishing up our informational article writing, and we are focusing on vocabulary in math and reading classes. We still need parent volunteers for the Portland Play--acting coaches, set and prop designers, parents willing to help students with their costumes, and any others who are willing to work on teaching dance with Mrs. Lachmann and Ms. Martinez's help.

### Can You Help Us?

**If you are coming early, it is important that you and your child wait in the cafeteria. If you are waiting in the main entrance, please stay there with quite voices until the bell rings. Our teachers have those last few minutes before 8:45 to get ready for our Chief Joseph students.**

**After School Classes at Chief Joseph** By Calvin 3<sup>rd</sup> grade student



**Sporting ties with Liam**

Chief Joseph School has really exciting after-school programs. After-school programs are important because kids learn lots of new and exciting things and have lots of fun learning. You probably wouldn't learn about flying a remote control airplane or acting

class, would you? During the last class the kids always do something fun. The drama class did a play, and the after-school aviators got to play with a flight simulator with a remote control plugged into the computer. Most of the money for the after-school programs comes from the

Chief Joseph PTA Night of Magic. The Night of Magic is an auction provided by Chief Joe PTA. Parents go and bid on things like artwork and even dental work!

The auction date is April 29<sup>th</sup>, 2011. So kids, tell your parents A.S.A.P

**Special Points of Thanks**

**Kelso of the Week;**  
**Oliver Erickson**

Thank you to **Catherine and Carl** for getting our building so clean during the Spring Break.

Thank you to for **Mr. Hudson** for spearheading the Run for the Arts Assembly.

**Ms. Walker, Ms. Kelly, Ms. Quinton, Ms. Stro, Ms. Simonsen, Ms. Janson, Mr. Hudson, and Ms. Dermann** for your help with another outstanding Chief Joseph Girls' Night Out—our parents truly enjoyed themselves and so did the kids!!!!

Thank you **Ms. Sands** for taking the lead in putting together the Focus Group for Site Council.

Thank you **Ms. Vancil, Ms. Corbett, Mr. May, and Ms. Obdulia** for being so flexible as we adjusted reading groups. Thank you to **Ms. Brennan,**



**I like being a Kelso because it's fun to help the little kids when they need help with their problems.**

**Spirit Week** came to a close with **Crazy Hair Day** on Wednesday and **PJ Day** on Thursday.



**Recycled Art is Happening at the Kenton Library**

Transform trash into art! Find new and inventive ways for recycling those items you normally throw away. Under the instruction of artist Lisa Kagan, learn how to create sculptures and unique works of art out of recycled materials such as cans, newspapers, containers and other uncommon treasures. Supplies will be obtained from SCRAP, the School and Community Reuse Action Project. Space at library programs is limited. Seating is available on a first-come, first-served basis.



## The Counselor's Corner

By Ms. Elliot Witherspoon, Counselor

Children speak the language of play. It is not surprising to me that some of the best integration of ideas comes from a good play session. Our week back from Spring Break focused on active listening, and I must say, that Chief Joseph students have it down!

In some classes we played the game of "telephone" or "pass it on", where our goal was to end up with the same message as the one

with which we had started. What we observed was that so much more effort was used when relaying the message through a large group than with a small group. Also, factors that could make it easier to get the message across included speaking in a voice someone could hear and asking clarifying questions.

Think about in our daily lives how often we jump to a conclusion based on our

assumptions. How many problems could we prevent through double checking and asking questions just to make sure we understand? I encourage us all to take the time to clarify... and play! Both do our bodies, minds and hearts good!

Best,

Elliot

[ewithers@pps.k12.or.us](mailto:ewithers@pps.k12.or.us)  
503-916-6255

## Happy Birthday to:



### April 3:

Kelsey Linnell, 3<sup>rd</sup>  
Sione Penitua, 2<sup>nd</sup>

### April 4:

Crystal Hendon-LeHigh, 3<sup>rd</sup>  
Madeleine Holbrook, 2<sup>nd</sup>  
Ivan Moore, 4<sup>th</sup>

## Have You Ever Seen a Mannequin?

By Eli and Mitchell, 2<sup>nd</sup> grade students

On March 11<sup>th</sup> Eli and his mom came in to show us some mannequins! Eli was a helper and they chose me, Mitchell Kenny, to be a helper too. The names of the mannequins were Levi and Russell. I got to control Russell with a remote. Russell could cough, moan, puke (nothing came out but the sound of puking) and a few other things. Levi was different. He could talk. Eli and I controlled Levi. Eli mostly controlled him but he let me try. The kids came up and asked Levi questions and we answered. I got to wear gloves and a white coat. The other kids got to wear gloves too.



## The Art of Bookmaking with Recycled Materials

Learn how to make your own book using a simple paper bag, natural materials and recycled paper! Under the instruction of local artist Joy Leising of the 100th Monkey Studio, each artist will learn the art of bookmaking. After creating the book, participants can personalize their books by adding decorations and collage.

Space at library programs is limited. Seating is available on a first-come, first-served basis

Kenton Library  
8226 N. Denver Avenue  
503.988.5370

## Register for Kindergarten Now!

It's time to register your child for fall kindergarten now. If you or someone you know hasn't done so yet, please call the school office or come in for the registration packet. Current PreK students are already enrolled at Chief Joseph, so you don't need to do anything. Please let us know, though, if you will not be back in the fall.



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School Created Web  
Page <http://www.chiefjoseph.pps.k12.or.us>**

*A School Focused on  
Safety, Achievement,  
and the Joy of  
Learning*

## Friday Flier

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## PTA Connections

Thank you to all who came to our PTA Meeting last night! Please check our website [www.chiefjoepta.com](http://www.chiefjoepta.com) for the agenda and minutes if you were not able to make it. We have so many activities going on in the next couple of months. The PTA can use all the help we can get! So please contact Brad @ [volunteercoordinator@chiefjoepta.com](mailto:volunteercoordinator@chiefjoepta.com) if you are interested in helping or want to know how you can get more engaged next year!

**Our next two PTA meetings will be centered on Nominations and Elections, May 10th @ 6pm and May 26th @ 6pm respectively.**

### PLANT SALE

Orders are due April 6th and will be available for pick-up in front of the school April 26th! New Leaf Greenhouse has the most beautiful and healthy plants you will grow this season and they are Oregon Tilth Certified Organic! Most of us have spring fever and will be buying plants like crazy for our vegi, herb & flower gardens, and flower pots anyway. This way you can have 50% of your money go to Chief Joe and benefit our students too!!!

### SPRING BULB SALE

Order forms are out this week and will be due on April 23rd. You or your friends and family can also order online @ <https://www.dutchbulbs.com/fg/chiefjoseph>

**THE PASTINI PASTATHON IN ON!!!!** APRIL 11<sup>th</sup> AND 12<sup>th</sup> AT THE NW PORTAND LOCATION ON 23RD. ALL YOU HAVE TO DO IS ORDER, EAT, SAY YOU ARE WITH CHIEF JOE, AND THEY DONATE TO OUR SCHOOL! IT IS THAT EASY!

Have you seen the new merchandise display in the hallway in the glass case? Thank you to Trina Durham and Bruce Franklin for doing such a great job. P.S. It is all for sale too!

Thank you to Jodi Chisholm who beautifies our PTA calendar in the hallway every month. It is always fun to see your seasonal creations! Jodi is also our Scrip Champion: we are getting it all set up so that Chief Joe can benefit year round from Scrip fundraising. More information will be coming soon!

Night of Magic is only four weeks away and we are still in need of donations. Trips and packages work the best. Do you know of someone who would donate an overnight at a beach house or mountain cabin? Please ask!!! Want to help more? Contact Sheila Rofinot @ [ptatreasurer@chiefjoepta.com](mailto:ptatreasurer@chiefjoepta.com) or Michelle @ [ptapresident@chiefjoepta.com](mailto:ptapresident@chiefjoepta.com)

**Thank you for your support!!**

### Michelle Maryatt

PTA President, Chief Joseph Elementary  
[www.chiefjoepta.com](http://www.chiefjoepta.com)  
Friend us up on FACEBOOK!

### We need sweatpants!

**If your children have outgrown their elasticized waist pants, please bring them to school. These are the best pants for those little emergencies we have!**

**Thanks.**

### Update Your Background Check Now

To avoid the rush in the fall, please check now to make sure your background check hasn't expired. It will help a lot when those fall field trips come up.