

it **STARTS** with you!

Cooperation means much more than getting along with others. It means you must make a choice to develop those skills that will help you along the way. The stars, below, "point" to things to think about. Color in each starburst when you have accomplished that task. Thanks for your work—the world needs more people like you!

SPARK

Shining Star

Responsibility — Taking care of yourself is a big responsibility. Wash your hands, brush your teeth and drink lots of water. Write yourself a promise to be responsible with your health. Post it by your bathroom mirror.

Citizenship — Do something for your community. Get involved.

Appreciation — Write somebody a letter and tell them how much you appreciate them.

Listen — Ask somebody at school who you don't know very well to tell you about themselves.

Teamwork — Complete a project with a family member. For example, clean the house, do the laundry or organize the pantry.

Trust — Talk with your parents about trust. Why is it important? In what ways do they trust you?

Respect — Write a list of 10 different ways you can show respect for others. Post it by your bed.

Encourage — Say something encouraging to 10 of your classmates.

Pulling Together

Sorry, no silly stuff here. Although the *SPARK Cooperative Activities* are fun, learning how to cooperate with others is serious business. “Pulling together” means different things to different people. Can you fill in the chart and answer the questions below?

Cooperative Skills	In your own words, what does this mean?	Whom do you know who is good at this?
Teamwork		
Respect		
Encouragement		
Responsibility		
Citizenship		
Trust		
Appreciation		
Listening		

THINK ABOUTS...

GRADES 3-6

You are playing softball with a bunch of friends at the park. A boy and his father are having a picnic and watching your game. After a while, the boy comes up and asks if he can play. He has a physical disability, and you think he may not be as good as the rest of the players. The game is really close and your team has a great chance of winning. **It's up to you – what would you do?**

You are in a hurry to get to your friend's birthday party, and you can't find your bike helmet. You are a good rider and your friend's house is just a few blocks away. You are sure if you looked a little bit longer you could find the helmet, but everyone is waiting for you. **What would you do?**