



FARM FRESH
HARVEST
OF THE MONTH

Try Our Pears
February 7th and 21st

Chefs Move to Schools

First Lady Michelle Obama has called upon chefs across the county to get involved with their local schools as part of the *Chefs Move to Schools* initiative. This program encourages chefs to partner with schools to help educate students about seasonal, healthy, and delicious recipes.

Chefs can inspire students to adopt healthy habits by conducting food tastings, cooking demonstrations, and teaching students about food preparation. Portland is home to some of the most talented chefs in the country and they're partnering with schools across the district!

PPS Chefs Move to School Program:

- Local chefs adopting schools to offer cooking demonstrations and classes.
- Culinary trainings for school nutrition staff.
- Partnerships with local culinary schools to help with cafeteria taste-tests and the Harvest of the Month program.

To learn more visit:
www.letsmove.gov/chefs

Solace, Arleta

- Non-meat entrées may contain cheese and/or egg
- Entrée contains pork
- Entrée contains fish



FEB

2012

Lunch includes one entrée, milk, and unlimited fruits and vegetables.

	M	T	W	Th	F
			1 Teriyaki Beef with Broccoli and Rice	2 Whole Breast Chicken Fillet Roasted Vegetables Carrot Salad	3 No Classes for Students
	6 Bowtie Pasta with Beef or Vegetarian Marinara	7 Draper Valley Chicken Harvest Pears	8 Baked Chicken Roasted Vegetables	9 Coconut Curry Chicken with Rice	10 Alaskan Pollock Roasted Potatoes
	13 Grilled Tillamook Cheese Sandwich Soup of the Day	14 Asian Chicken with Rice	15 Late Opening Homemade Beef or Vegetarian Lasagna	16 Baked Potato Crunchy Broccoli Slaw	17 Homemade Chicken Quesadilla Black Bean and Corn Salad
	20 Presidents' Day Schools Closed	21 "Brunch for Lunch" Pancakes and Turkey Sausage Harvest Pears	22 Beef Stew with Red Potatoes, Carrots and Peas	23 Whole Breast Chicken Fillet Roasted Vegetables Carrot Salad	24 Macaroni and Cheese
	27 Bowtie Pasta with Beef or Vegetarian Marinara	28 Vegetarian Three Bean Chili	29 Roast Turkey with Gravy and Mashed Potatoes		

Lunch Favorites
Offered in addition to the daily lunch special

M — Whole Breast Chicken Nuggets

T — Hamburger or Cheeseburger on a Whole Wheat Bun

W — Turkey Hot Dog on a Whole Wheat Bun

Th — Cheese Pizza
Pepperoni Pizza

F — Breaded Chicken on a Whole Wheat Bun

Peanut Butter & Jelly and Yogurt are available everyday



Lily, Woodstock

Menu subject to change due to price and availability of items.