

Level: Varsity Women

Date: Wednesday, April 6, 2011

SHOT PUT RELAY

3 participants – Schools compete as a group. Rotate team members three (3) throws. Best throw counts. Measure to nearest lesser ¼ inch. **Combine individual's best to determine total distance for school.**

Throw Order	C		F-1	F-2	W	G-1	G-2	M	B	J
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
LINCOLN			1 st		2 nd		3 rd		Best	
No entries										
							TOTAL			
CLEVELAND			1 st		2 nd		3 rd		Best	
	✓		22 3 ½		21 2		22 10 ½		22 10 ½	
	✓		21 6 ½		22 5		24 1		24 1	
		5								
	✓		25 3		25 —		26 1 ½	TOTAL	26 1 ½ 73'	
FRANKLIN 1			1 st		2 nd		3 rd		Best	
			23 3		25 11		25 5		25 11	
		2	19 3		22 7 ½		23 (6)		23 6	
			27 6 ½		26 6		23 10		27 6 ½	
							TOTAL		76 11 ½	
FRANKLIN 2			1 st		2 nd		3 rd		Best	
			18 5 ½		18 6		20 10		20 10	
		1	20 11		19 3 ½		19 5		20 11	
			18 8		21 5 ¼		20 3		21 5 ¼	
							TOTAL		63 2 ¼	
WILSON			1 st		2 nd		3 rd		Best	
	✓		29 1		27 3		27 1 ½		29 1	
	✓	1	24 10		22 5				24 10	
	✓		23 8		23 7		23 10		23 10	
							TOTAL		77 9	

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Throw Order	C		F-1	F-2	W	G-1	G-2	M	B	J
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
GRANT 1			1 st		2 nd		3 rd		Best	
Ny West	✓		27	4	26	11½	28	2	28	2
Liz Knope	✓	(3)	27	7	26	1	25	1	27	7
Meryl Kruskopf	✓		—		17	—	14	5 ¼	18	5 ¼
							TOTAL		74' 2 ¼"	
GRANT 2			1 st		2 nd		3 rd		Best	
Bella Koontz	✓		18	11"	18	2	17	9	18	11
Angela Colgrove	✓		14	2	17	—	16	8	17	—
Arizona-Armstrong										53' 2"
Coyla Mansoni	✓		17	3	16	8 ¼	17	1	17	3 ½"
MADISON			1 st		2 nd		3 rd		Best	
Helen Kavapalu			22	7	23	5	25	2	25	3
Tiffany Nahoraney			19	8 ½	20	6	21	8	21	8
Ori Askenafi	(6)		20	½	20	3	20	9	20	9
							TOTAL		67-8"	
BENSON			1 st		2 nd		3 rd		Best	
Corina Conley										
Desirae Henderson	(4)	✓	25	2 ½	25	4	26	7	26	7
Jayla Bullock		✓	31	3 ¾	29	1	28	10 ¼	31	3 ¾
Kahlea Casanova	✓		16	3	16	1 ½	14	10	16	3 ¼"
JEFFERSON			1 st		2 nd		3 rd		Best	
Raven Moore									74' 1 ¾"	
Teiva Sheffet										
Chanderh Wilson									74' ¾"	
							TOTAL		74' ¾"	

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DISCUS RELAY

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Throw Order	C	L	B	M	G-1	G-2	W	F-1	F-2	J
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
CLEVELAND										
			1 st		2 nd		3 rd			Best
Elizabeth Allen-Cle			74-9		-		71-1			74-9
Savannah Baber Zhu Phung					39-6		54-5			54-5
Abby Bravo			55-6		-		-			55-6
							TOTAL			184-8 (5)
LINCOLN										
			1 st		2 nd		3 rd			Best
Sara MacDaniels HANNAH KENYON			29-8		25-2		33-3			33-3
Julia Newton			51-7		53-2		55-8			57-7
Hope Kenyon			58-2		60-9		64-10			64-10
							TOTAL			155-8 (8)
BENSON										
			1 st		2 nd		3 rd			Best
Corina Conly			68-6		88-2		78-9			88-2
Desirae Henderson			83-4		66-2		74-8			83-4
Tiara Moxley			-		-		42-9			42-9
							TOTAL			214-1 (3)
MADISON										
			1 st		2 nd		3 rd			Best
Helen Kavadolu			57-0		59-11		58-10			59-11
Tiffany Nahorney			-		65-11		50-5			65-11
Ori Ashenafi			69-11		67-6		61-9			69-11
							TOTAL			195-9 (4)
GRANT 1										
			1 st		2 nd		3 rd			Best
Dani Bernardini BELLA KOONTZ			-		36-6		59-4			59-4
Ny West			79-8		66-0		70-0			79-8
Lizze Knope Lizzy			98-8		100-9		107-3			107-3
							TOTAL			246-3 (2)

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Throw Order	C	L	B	M	G-1	G-2	W	F-1	F-2	J
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
GRANT 2			1 st	2 nd	3 rd	Best				
Bella Keontz ARIZONA Armstrong			28-3	32-3	40-0	40-0				
Angela Colgrave			34-10	34-9	35-2	35-2				
Kristin Drinnen COYIA MUNSON			42-2	33-0	—	42-2				
							TOTAL	117-4 (a)		
WILSON			1 st	2 nd	3 rd	Best				
Mariah Jones			79-2	83-3	84-7	84-7				
Jamie Bergman			83-5	89-3	—	83-5				
McKenzie Zywloski ALYSSA BAHE			79-4	77-2	74-11	79-4				
							TOTAL	247-64 (1)		
FRANKLIN 1			1 st	2 nd	3 rd	Best				
Emily Van Valin JOSLYN BRISCO			—	39-2	50-10	50-10				
Risa Luther			71-3	81-6	66-6	81-6				
Colleen Coleman			—	44-4	49-11	49-11				
							TOTAL	182-3 (7)		
FRANKLIN 2			1 st	2 nd	3 rd	Best				
Josie Baird			—	—	50-4	50-4				
Christina Chac			59-11	61-9	63-4	63-4				
Jennifer Castro			56-9	60-1	68-8	68-8				
							TOTAL	182-4 (6)		
JEFFERSON			1 st	2 nd	3 rd	Best				
Raven Moore										
Teiva Sheffet			No	Show						
Chandorn Wilson										
							TOTAL			

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JAVELIN RELAY

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Throw Order	M	G-1	G-1	W	F-1	F-2	J	C	L	B
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
MADISON			1 st		2 nd		3 rd			Best
			81' 1"		63' 7"		62' 6"			81' 1"
			80' 4"		79' 6"		73' 7"			80' 4"
			57' 10"		51' 3"		54' 2"			57' 10"
							TOTAL			219' 3"
GRANT 1			1 st		2 nd		3 rd			Best
			37' 3' 1"		45' 11"		54' 0"			54' 0"
			53' 8"		44' 2'		50' 4"			53' 8"
			51' 4"		44' 4"		42' 6"			51' 4"
							TOTAL			159' 0"
GRANT 2			1 st		2 nd		3 rd			Best
			37' 1"		40' 7"		36' 7"			40' 7"
			36' 8"		26' 11"		31' 5"			31' 5"
			Scratch		Scratch		22' 11"			22' 11"
							TOTAL			66' 11"
WILSON			1 st		2 nd		3 rd			Best
			97' 4"		90' 5"		92' 3"			97' 4"
			55' 2"		62' 5"		60' 4"			62' 5"
			63' 5"		64' 4"		67' 11"			67' 11"
							TOTAL			227' 8"
FRANKLIN 1 ✓			1 st		2 nd		3 rd			Best
			61' 9"		62' 7"		67' 8"			67' 8"
			78' 4"		72' 11"		81' 8"			81' 8"
			62' 7"		59' 10"		54' 9"			62' 7"
							TOTAL			211' 11"

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Throw Order	M	G-1	G-1	W	F-1	F-2	J	C	L	B
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
FRANKLIN 2			1 st		2 nd		3 rd		Best	
	Oliva Wallace		48' 2"		56' 6"		58' 10"		58' 10"	
	Rachael Clark		56' 8"		51' 10"		62' 2"		62' 2"	
	Rachael Elliot		42' 5"		43' 9"		44' 9"		44' 9"	
							TOTAL		165-9	
JEFFERSON ?			1 st		2 nd		3 rd		Best	
	Raven Moore									
	Teiva Sheffet									
	Chanderh Wilson									
							TOTAL			
CLEVELAND			1 st		2 nd		3 rd		Best	
	Lisa Huang		71' 5"		67' 2"		74' 4"		74' 4"	
	Elise Pippert		60' 5"		75' 8"		64' 3"		75' 8"	
	Fidna Toland Selena Liras		37' 3"		44' 11"		41' 10"		44' 11"	
							TOTAL		194 11	
LINCOLN			1 st		2 nd		3 rd		Best	
	No entries									
							TOTAL			
BENSON			1 st		2 nd		3 rd		Best	
	Tiara Moxley		54' 3"		43' 6"		47' 10"		54' 3"	
	Kahlea Casanova Fish Heijah Darden		39' 7"		42' 11"		37' 7"		42' 11"	
	Desirae Henderson Jasmine Archer		27' 9"				22' 2"		27' 9"	
							TOTAL		124-11	

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LONG JUMP RELAY

3 participants – Schools compete as a group. Rotate team members three (3) jumps. Best jump counts. Measure to nearest lesser ¼ inch. *Combine individual's best to determine total distance for school.*

Jump Order	M	JM	W	C	L	R	B	G-1	G-2	F
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
MADISON			1 st		2 nd		3 rd		Best	
Jean Le ✓			—		—		12' 11"		12' 11"	
Justine Mims ✓			12' 4"		12' 11"		12' 11"		12' 11"	
Brittany Nahorney ✓			—		—		12' 7"		12' 7"	
							TOTAL		38' 5"	
MARSHALL			1 st		2 nd		3 rd		Best	
No entries										
							TOTAL			
WILSON			1 st		2 nd		3 rd		Best	
Sierra Duarte ✓			16' 10"		15' 9"		15' 7"		16' 10"	
Kirie Roberts ✓			14' 6"		14' 8"		14' 6"		14' 8"	
Kenna Meinhart ✓			15' 1"		15' 8"		15' 0"		15' 3"	
							TOTAL		46' 9"	
CLEVELAND			1 st		2 nd		3 rd		Best	
Rachel Gernhart ✓			13' 3"		12' 4"		13' 8"		13' 8"	
Anna West ✓			14' 9"		—		—		14' 9"	
Claire St John ✓			11' 4"		—		10'		11' 4"	
							TOTAL		39' 8 1/2"	
LINCOLN			1 st		2 nd		3 rd		Best	
Julia Newton ✓			13' 2"		14' 4"		15' 5"		15' 5"	
Katie Osterlund ✓			13' 4"		15' 0"		14' 3"		15' 0"	
Cassandra Alagar-McCarthy ✓			—		—		14' 3"		14' 3"	
							TOTAL		54' 8"	

44' 8"

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Jump Order	M	JM	W	C	L	R	B	G-1	G-2	F
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
ROOSEVELT			1st		2nd		3rd		Best	
No entries										
							TOTAL			
BENSON			1st		2nd		3rd		Best	
Zinnia Keyes ✓			15' 2"		—		15' 3"		15' 3"	
Abiola Aderonmus ✓			13' 3"		—		—		13' 3"	
Jaylah-Bullock ✓			11' 7"		13' 2"		12' 10"		13' 2"	
							TOTAL		41' 8"	
GRANT 1			1st		2nd		3rd		Best	
Emma Decker ✓			—		15' 0"		14' 9"		15'	
Jacci Walker ✓			15' 7"		15' 5"		14' 3"		15' 7"	
Dani Bernardini ✓			13' 6"		13' 3"		13' 1"		13' 6"	
Arinnia Brown ✓							TOTAL		44' 1"	
GRANT 2			1st		2nd		3rd		Best	
Elly McCrae ✓			—		13' 8"		14' 0"		14' 0"	
Taylor Hall Dedmon ✓			—		—		—		—	
Gabi Monaco ✓			14' 4"		14' 8"		15' 1"		15'	
							TOTAL		29' 0"	
FRANKLIN			1st		2nd		3rd		Best	
Paris Gresham ✓			11' 2"		11'		11' 9"		11' 9"	
Valentina Tran ✓			14' 10"		14' 10"		13' 3"		14' 0"	
Jessie Hanton ✓			—		13'		—		13' 0"	
							TOTAL		37' 7"	

39' 7"

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TRIPLE JUMP RELAY

3 participants – Schools
complete as a group. Rotate
team members three (3) jumps.
Best jump counts. Measure to
nearest lesser 1/4 inch.
**Combine individual's best to
determine total distance for
school.**

Jump Order	W	R	C		M	G	B	JM	F	V
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
			1 st		2 nd		3 rd		Best	
24	BENSON									
			28-5		30-4		30-9		30-9	
24			F		F		29-5 ³ / ₄		29-5 ³ / ₄	
24			27-11 ¹ / ₄		27-5 ³ / ₄		26-0 ¹ / ₂		27-5 ³ / ₄	
							2 nd	TOTAL	87-8 ¹ / ₂	
			1 st		2 nd		3 rd		Best	
24	CLEVELAND									
			27-8 ¹ / ₂		28-5		26-6		28-5	
24			30-6		29-10 ³ / ₄		31-3 ¹ / ₂		31-3 ¹ / ₂	
18			22-7 ³ / ₄		22-8		22-7		22-8	
								TOTAL	82-4 ¹ / ₂	
			1 st		2 nd		3 rd		Best	
18	FRANKLIN									
			21-5 ³ / ₄		F		19-7 ³ / ₄		21-5 ³ / ₄	
24			30-10 ¹ / ₄		30-6		31-3 ¹ / ₂		31-3 ¹ / ₂	
18			25-3		26-6 ¹ / ₂		25-7 ¹ / ₄		26-6 ¹ / ₂	
								TOTAL	79-3 ³ / ₄	
			1 st		2 nd		3 rd		Best	
24	GRANT A									
			29-8 ¹ / ₂		30-8		F		30-8	
24			29-3		29-4 ¹ / ₂		F		29-4 ¹ / ₂	
24			25-2 ¹ / ₂		26-4		F		26-4	
								TOTAL	86-4 ¹ / ₂	
			1 st		2 nd		3 rd		Best	
	JEFFERSON									
	No entries									
								TOTAL		

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Jump Order	W	R	C	J	M	G	B	JM	F	L
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th
LINCOLN			1 st		2 nd		3 rd			Best
No entries										
								TOTAL		
MADISON			1 st		2 nd		3 rd			Best
No entries										
								TOTAL		
MARSHALL			1 st		2 nd		3 rd			Best
No entries										
								TOTAL		
ROOSEVELT			1 st		2 nd		3 rd			Best
No entries										
								TOTAL		
WILSON			1 st		2 nd		3 rd			Best
Hana Sulmoneti		Jessica O'Roughlin	F		21-3 1/2		23-5			23-5
Kirie Roberts			26-6 1/4		F		26-4 1/2			26-6 1/4
Jessica Mann			21-11 3/4		22-6		22-10 1/4			22-10 1/4
								TOTAL		72-1/2

72-9 1/2

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HIGH JUMP RELAY

Up to 3 participants. Anyone clearing opening height scores. Competitor is allowed 3 trials at THEIR opening height then 2 attempts at each height. Use flights of 5 and complete all attempts for that flight before going to next height. At 5'1 and up allow 3 misses. Measure to the nearest 1/4 inch.

Jump Order	W	L	B	G-1	G-2	F	M	JM	C	R
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th

Mark "O" in each space if height is cleared. Mark "X" for each failure.

WILSON	4'0	4'3	4'6	4'8	4'10							Best
✓ K Olsen	P	P	O	X	X							4'3
✓ K Roberts	X	X	O	X	X							4'0
✓ K Meinhart	O		O	X	X							4'3

TOTAL

12' 9 5/8

LINCOLN	4'0	4'3	4'6	4'8								Best
✓ L Field	O		O	O	X	X						4'6
✓ K Osterlund	O		X	O	O	X	X					4'6
✓ A-McCartey	O		O	O	X	X						4'6

TOTAL

13' 6 1/8

BENSON												Best
No entry												

TOTAL

GRANT 1	4'0	4'3	4'6	4'8								Best
✓ A Nguyen	O		O	P	P	X	X					4'3
✓ D Bernardini	O		X	X								4'0
✓ M Kruskopf	O		O	O	X	O	X	X				4'8

TOTAL

12' 11 2/8

GRANT 2												Best
✓ Kaczmarowski	O		X	X								4'0
✓ G Monaco	O		O	X	O	X	O	X	X			4'8
✓ A Brown	X	X	X									

TOTAL

8' 8 1/8

8 9'4
13'7

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Jump Order	W	L	B	G-1	G-2	F	M	JM	C	R
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th

Mark "O" in each space if height is cleared. Mark "X" for each failure.

FRANKLIN	4'0	4'3	4'6	4'8																Best
D Sullivan	O	O	XO	XX																4'6
L Sullivan	PP	P	O	XX																4'3
R Liu	O		XX																	4'0

TOTAL **12' 9" 3rd**

MADISON																				Best
No entries																				

TOTAL

MARSHALL																				Best
No entries																				

TOTAL

CLEVELAND	4'0	4'3	4'6	4'8																Best
G Socolofsky	O		O	O	XX															4'6
C Holley	O		XO	XX																4'3
S Livas	XX	O	XX																	4'0

TOTAL **12' 9" 3rd**

ROOSEVELT																				Best
No entries																				

TOTAL

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POLE VAULT RELAY

Up to 3 participants. Anyone clearing opening height scores. Competitor is allowed 3 trials at THEIR opening height then 2 attempts at each height. Use flights of 5 and complete all attempts for that flight before going to next height. At 9'6 and up allow 3 misses.

Jump Order	M	L	F	B	JM	C	R	G-1	G-2	W
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th

Mark "O" in each space if height is cleared. Mark "X" for each failure.

MADISON	6'	6'6"	7'0"	7'6"																Best
15 Chavez	O	XO	XX																	6'6"
17 Suzadail	XX	X																		N/H
17 C Spink	XX	X																		N/H

TOTAL 6'6"

LINCOLN																				Best
No entries																				

TOTAL

FRANKLIN																				Best
24 J Hanlon	O	XX																		6'0"
28 V Tran	XO	O	XO	XX																7'
29 R Luther	O	O	XX																	6'6"

TOTAL 19'6"

BENSON																				Best
L Bosler																				

TOTAL

MARSHALL																				Best
No entries																				

TOTAL

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Jump Order	M	L	F	B	JM	C	R	G-1	G-2	W
	1 st	2 nd	3 rd	4 th	5 th	6 th	7 th	8 th	9 th	10 th

Mark "O" in each space if height is cleared. Mark "X" for each failure.

CLEVELAND	6	6'6"	7	7'6"											Best
16 S Baber	O	O	O	XX											7'
20 A WELMANN	O	O	XX												6'6"

TOTAL 13'11"

ROOSEVELT															Best
No entries															

TOTAL

GRANT 1				7'6"	8	8'6"	9	9'8"	10'						Best
21 L Knope					XX	OO	XO	XO	XX						9'8"
23 M Merrill				XO	XX										7'6"
23 L Reynoldson				8'	XXX										N/H

TOTAL 17'2"

GRANT 2															Best
25 M Wildey	O		O	XX											6'6"
25 K Drinnon	O		O	XX											6'6"
25 S Hummel	XXX														N/H

TOTAL 13'10"

WILSON			7'	7'6"	8'	8'6"	9								Best
19 K Olsen				O	O	O	XX								8'6"
22 A Chin			XXX												N/H
24 J O'Laughlin	XO	XX													6

TOTAL 14'6"