

# 6A Girl's Swimming 2008-09 Fastest Times

## Race # 01 Women's 200 Yard Medley Relay

1:58.05 Mahalic, Chunga, O'Dell, Liebe Wilson 12/8/2006

2:01.54		Grant	Grant	1/30/2009
2:02.13		Lincoln	Lincoln	1/9/2009
2:10.06		Wilson	Wilson	1/23/2009
2:15.69		Benson	Benson	1/7/2009
2:43.03		Franklin	Franklin	1/14/2009

## Race # 03 Women's 200 Yard Freestyle

2:01.97 Morgan Azinger Lincoln 1/5/2007

2:04.12	Carissa	Poeschel	Franklin	1/7/2009
2:06.89	Erin	Schenk	Lincoln	1/9/2009
2:07.67	Jandy	Kiyuna	Wilson	1/16/2009
2:09.75	Ivette	Dailey-	Grant	2/4/2009
2:11.75	Mackenzie	Perkins	Lincoln	1/30/2009
2:12.23	Collette	Cruz	Benson	1/16/2009
2:13.15	Claire	Diener	Lincoln	1/23/2009
2:13.98	Melissa	McCrary	Grant	1/30/2009
2:14.42	Emma	Duffy	Wilson	1/30/2009
2:14.47	Cara	Bolton	Lincoln	12/10/2008
2:15.32	Elaina	Ransford	Lincoln	1/14/2009
2:15.39	Meg	Claypool	Lincoln	1/23/2009
2:17.44	Nicole	Jones	Grant	12/12/2008
2:22.67	Cally	Gallison	Wilson	1/16/2009
2:22.95	Anna	Claypool	Lincoln	12/10/2008
2:23.02	Amanda	Ischenberger	Lincoln	12/10/2008
2:23.85	Janna	Delwiche	Grant	1/30/2009
2:24.07	Ellen	Coughlin	Grant	12/12/2008
2:27.38	Samantha	Eisen	Lincoln	1/14/2009
2:28.74	Alisha	Green	Grant	1/9/2009
2:28.78	Ann	Coughlin	Grant	1/30/2009
2:30.34	Colleen	Newey	Wilson	1/23/2009
2:30.88	Libby	Runde	Wilson	1/28/2009
2:32.19	Madeline	Terry	Grant	2/4/2009
2:34.78	Emily	Chung	Grant	1/9/2009
2:34.78	Stephanie	Klein	Lincoln	1/14/2009
2:35.19	Eileen	Collmer	Grant	1/14/2009
2:35.60	Andrea	Chin	Wilson	1/23/2009
2:36.88	Abiola	Aderonmu	Benson	1/23/2009
2:37.95	Morgan	Gilbert	Wilson	12/12/2008
2:43.30	Clare	Hogan	Wilson	12/12/2008

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2:46.59	Maddie	Toland	Grant	1/14/2009
2:47.66	Molly	Wildey	Grant	1/14/2009
2:52.89	Dana	Hergert	Wilson	1/23/2009
2:56.93	Jo	Burke	Wilson	12/12/2008

*Race # 05 Women's 200 Yard Individual Medley*

*2:14.18 Lizzie Mahalic Wilson 12/8/2006*

2:16.97	Ivette	Dailey-	Grant	1/30/2009
2:18.22	Carissa	Poeschel	Franklin	12/12/2008
2:20.57	Jandy	Kiyuna	Wilson	1/23/2009
2:25.07	Elaina	Ransford	Lincoln	1/30/2009
2:25.12	Chantal	Wong	Lincoln	1/23/2009
2:26.81	Erin	Schenk	Lincoln	1/14/2009
2:35.2	Julia	McDowell	Wilson	1/30/2009
2:36.13	Melissa	McCrary	Grant	1/9/2009
2:38.27	Cara	Bolton	Lincoln	1/30/2009
2:39.30	Meg	Claypool	Lincoln	1/14/2009
2:41.93	Amanda	Dority	Lincoln	1/9/2009
2:46.00	Emma	Duffy	Wilson	1/16/2009
2:46.26	Rachel	Seeman	Grant	1/30/2009
2:47.33	Samantha	Eisen	Lincoln	12/10/2008
2:47.38	Ellen	Coughlin	Grant	1/9/2009
2:48.40	Maddi	Hanlon-	Grant	2/4/2009
2:48.68	Stephanie	Nakamine	Grant	12/12/2008
2:49.41	Madeline	Terry	Grant	1/9/2009
2:52.14	Clare	Hogan	Wilson	1/23/2009
2:54.45	Libby	Runde	Wilson	1/16/2009
2:57.55	Emily	Chung	Grant	1/14/2009
3:07.79	Andrea	Chin	Wilson	1/16/2009
3:17.69	Alex	Demont	Grant	2/4/2009

*Race # 07 Women's 50 Yard Freestyle*

*25.50 Carissa Poeschel Franklin 1/28/2009*

<b>*0:25.50</b>	<b>Carissa</b>	<b>Poeschel</b>	<b>Franklin</b>	<b>1/28/2009</b>
0:27.00	Claire	Diener	Lincoln	1/30/2009
0:27.06	Collette	Cruz	Benson	12/5/2008
0:27.19	Nicole	Jones	Grant	1/30/2009
0:27.71	Jandy	Kiyuna	Wilson	1/30/2009
0:27.85	Kristine	Cheng	Lincoln	1/30/2009
0:27.94	Maddi	Hanlon-	Grant	1/30/2009
0:28.00	Cally	Gallison	Wilson	1/23/2009
0:28.16	Corina	Conley	Benson	12/10/2008
0:28.48	Victoria	Buck	Lincoln	1/9/2009
0:29.28	Abiola	Aderonmu	Benson	1/9/2009

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0:29.47	Eileen	Collmer	Grant	12/5/2008
0:29.58	Amanda	Dority	Lincoln	12/10/2008
0:29.68	Julia	McDowell	Wilson	1/23/2009
0:29.99	Alisha	Green	Grant	12/12/2008
0:30.03	Anna	Claypool	Lincoln	1/14/2009
0:30.12	Stephanie	Nakamine	Grant	1/9/2009
0:30.15	Ellen	Coughlin	Grant	12/5/2008
0:30.16	Hailey	Zoellner	Lincoln	1/14/2009
0:30.21	Jenna	Delwiche	Grant	1/9/2009
0:30.47	Ann	Coughlin	Grant	2/4/2009
0:30.72	Kianna	Green	Grant	12/5/2008
0:30.76	Samantha	Eisen	Lincoln	12/10/2008
0:30.78	Scout	Smythe	Wilson	12/5/2008
0:30.85	Lian	Nitani	Wilson	12/5/2008
0:31.08	Talia	Goldberg	Lincoln	1/9/2009
0:31.09	Hannah	Curtis	Lincoln	12/5/2008
0:31.16	Libby	Runde	Wilson	12/5/2008
0:31.34	Madeline	Terry	Grant	12/5/2008
0:31.38	Amber	Waddle	Franklin	2/4/2009
0:31.55	Andrea	Chin	Wilson	1/30/2009
0:31.66	Kindra	Aschenbrenn	Lincoln	12/5/2008
0:32.06	Colleen	Newey	Wilson	1/23/2009
0:32.22	Maddie	Toland	Grant	12/5/2008
0:32.88	Dana	Hergert	Wilson	1/16/2009
0:33.28	Lydia	Kott-Jones	Lincoln	12/5/2008
0:33.32	Megan	Armstrong	Lincoln	12/5/2008
0:33.75	Brynn	Zoellner	Lincoln	12/5/2008
0:33.88	Katie	Schakols	Grant	12/5/2008
0:33.94	Lauren	Ogard	Grant	1/14/2009
0:34.03	Liz	Fennerr	Wilson	12/5/2008
0:34.41	Haley	Boston	Lincoln	12/5/2008
0:34.41	Merry	Hensen	Wilson	12/5/2008
0:34.43	Sophia	Wineinger	Grant	12/5/2008
0:34.44	Jo	Burke	Wilson	1/28/2009
0:34.72	Alex	Demont	Grant	12/5/2008
0:34.78	Natilie	Quennevill	Lincoln	12/5/2008
0:35.10	Lauren	Platman	Lincoln	12/5/2008
0:35.66	Olivia	Howland	Grant	12/5/2008
0:36.31	Miranda	Paasche	Wilson	12/5/2008
0:36.37	Lara	Stayanov	Lincoln	12/5/2008
0:37.53	Anna	Pinkerton	Benson	12/5/2008
0:37.63	Kelsey	Campbell	Lincoln	12/5/2008
0:37.90	Natalie	Albert	Wilson	12/5/2008
0:38.29	Crissy	Sayre	Lincoln	12/5/2008
0:38.56	Alison	Lasher	Grant	12/5/2008
0:39.43	Jovanna	Seale	Franklin	1/7/2009
0:40.12	Sarah	Leong	Benson	1/23/2009
0:40.84	Rosa	Smith	Grant	12/5/2008

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0:45.13	Alain	Ortega	Benson	1/7/2009
0:49.44	Natalie	Lyons	Wilson	12/5/2008
0:53.45	Grace	Gillis	Franklin	12/12/2008

*Race # 09 Women's 100 Yard Butterfly*

*1:00.40 Sammy O'Dell Wilson 1/5/2007*

1:01.25	Carissa	Poeschel	Franklin	1/7/2009
1:01.55	Ivette	Dailey-	Grant	1/30/2009
1:02.76	Jandy	Kiyuna	Wilson	12/12/2008
1:05.96	Claire	Diener	Lincoln	1/30/2009
1:07.27	Elaina	Ransford	Lincoln	1/23/2009
1:07.64	Erin	Schenk	Lincoln	1/23/2009
1:11.66	Melissa	McCrary	Grant	2/4/2009
1:12.39	Rachel	Seeman	Grant	1/30/2009
1:12.78	Hailey	Zoellner	Lincoln	1/23/2009
1:13.57	Hailey	Wenner	Lincoln	1/9/2009
1:13.80	Clare	Hogan	Wilson	1/16/2009
1:14.95	Talia	Goldberg	Lincoln	1/30/2009
1:16.62	Kianna	Green	Grant	1/30/2009
1:18.75	Kianna	Green	Grant	1/14/2009
1:19.99	Lian	Nitani	Wilson	1/16/2009
1:23.52	Stephanie	Nakamine	Grant	12/12/2008
1:24.03	Ellen	Coughlin	Grant	1/9/2009
1:26.50	Katie	Schakols	Grant	1/14/2009
1:26.98	Emily	Chung	Grant	1/9/2009
1:27.78	Sophie	Wineinger	Grant	2/4/2009

*Race # 11 Women's 100 Yard Freestyle*

*56.00 Sammy O'Dell Wilson 1/12/2007*

0:56.97	Carissa	Poeschel	Franklin	1/14/2009
0:59.39	Jandy	Kiyuna	Wilson	1/16/2009
0:59.40	Chantal	Wong	Lincoln	1/23/2009
0:59.53	Collette	Cruz	Benson	12/5/2008
0:59.68	Claire	Diener	Lincoln	1/14/2009
1:00.99	Ivette	Dailey-	Grant	1/9/2009
1:02.47	Elaine	Ransford	Lincoln	1/23/2009
1:02.55	Melissa	McCrary	Grant	1/30/2009
1:03.06	Meg	Claypool	Lincoln	12/5/2008
1:03.19	Nicole	Jones	Grant	12/5/2008
1:03.72	Amanda	Ischenberger	Lincoln	12/5/2008
1:03.98	Amanda	Dority	Lincoln	1/23/2009
1:04.32	Cally	Gallison	Wilson	1/30/2009
1:04.87	Clare	Siever	Lincoln	12/10/2008
1:04.99	Alisha	Green	Grant	1/30/2009

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1:05.09	Samantha	Eisen	Lincoln	1/30/2009
1:05.31	Anna	Claypool	Lincoln	12/5/2008
1:05.61	Libby	Runde	Wilson	1/23/2009
1:06.85	Allison	Dobscha	Lincoln	1/14/2009
1:06.92	Maddi	Hanlon-	Grant	1/9/2009
1:07.04	Abiola	Aderonmu	Benson	1/23/2009
1:07.37	Jenna	Delwiche	Grant	12/5/2008
1:07.67	Morgan	Gilbert	Wilson	1/23/2009
1:08.02	Eileen	Collmer	Grant	1/9/2009
1:08.38	Ellen	Coughlin	Grant	2/4/2009
1:08.41	Stephanie	Nakamine	Grant	2/4/2009
1:08.75	Hailey	Zoellner	Lincoln	1/9/2009
1:08.80	Rachel	Seeman	Grant	2/4/2009
1:08.92	Andrea	Chin	Wilson	1/28/2009
1:09.22	Colleen	Newey	Wilson	12/5/2008
1:09.78	Megan	Wage	Lincoln	12/5/2008
1:10.07	Clare	Hogan	Wilson	1/16/2009
1:10.59	Emily	Chung	Grant	12/5/2008
1:10.62	Scout	Smythe	Wilson	1/23/2009
1:10.75	Ann	Coughlin	Grant	12/5/2008
1:11.10	Amber	Waddle	Franklin	1/28/2009
1:14.00	Maddie	Toland	Grant	12/5/2008
1:14.21	Dana	Hergert	Wilson	1/30/2009
1:15.85	Molly	Willey	Grant	1/14/2009
1:16.03	Lauren	Ogard	Grant	12/5/2008
1:23.66	Crissy	Sayre	Lincoln	12/5/2008
1:24.31	Natalie	Albert	Wilson	1/30/2009
1:34.55	Anna	Pinkerton	Benson	1/16/2009

*Race # 13 Women's 500 Yard Freestyle*

*5:16.19 Lizzie Mahalic Wilson 1/5/2007*

5:29.22	Carissa	Poeschel	Franklin	1/28/2009
5:30.81	Erin	Schenk	Lincoln	1/9/2009
5:56.66	Chantal	Wong	Lincoln	1/9/2009
6:01.86	Meg	Claypool	Lincoln	1/23/2009
6:07.69	Emma	Duffy	Wilson	1/28/2009
6:08.39	Nicole	Jones	Grant	1/9/2009
6:17.14	Ellen	Coughlin	Grant	1/30/2009
6:25.81	Jenna	Delwiche	Grant	12/12/2008
6:30.17	Cara	Bolton	Lincoln	12/10/2008
6:31.39	Grace	Recht	Lincoln	1/23/2009
6:36.47	Madeline	Terry	Grant	12/12/2008
6:37.47	Amanda	Dority	Lincoln	1/14/2009
6:39.90	Amanda	Ischenberger	Lincoln	1/30/2009
6:50.30	Libby	Runde	Wilson	1/16/2009
6:53.88	Colleen	Newey	Wilson	1/28/2009

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6:55.28	Alisha	Green	Grant	1/9/2009
6:58.90	Eileen	Collmer	Grant	2/4/2009
7:03.64	Clare	Hogan	Wilson	1/30/2009
7:12.31	Emily	Chung	Grant	1/14/2009
7:14.51	Rachel	Seeman	Grant	1/9/2009
7:19.07	Andrea	Chin	Wilson	1/16/2009
7:19.38	Amber	Waddle	Franklin	2/4/2009
7:21.46	Morgan	Gilbert	Wilson	12/12/2008
7:25.07	Katie	Schakols	Grant	1/14/2009

*Race # 15 Women's 200 Yard Freestyle Relay*

*1:48.25 Liebe, Yin, Mahalic, Chunga-Celis Wilson 12/8/2006*

1:50.85		Lincoln	Lincoln	1/23/2009
1:51.32		Grant	Grant	1/30/2009
1:56.45		Wilson	Wilson	1/23/2009
1:58.37		Benson	Benson	12/10/2008
2:20.92		Franklin	Franklin	2/4/2009

*Race # 17 Women's 100 Yard Backstroke*

*1:03.25 Lizzie Mahalic Wilson 1/12/2007*

1:03.85	Carissa	Poeschel	Franklin	2/4/2009
1:04.76	Mackenzie	Perkins	Lincoln	1/23/2009
1:06.90	Kristine	Cheng	Lincoln	1/9/2009
1:10.27	Chantal	Wong	Lincoln	1/30/2009
1:11.63	Jandy	Kiyuna	Wilson	1/28/2009
1:12.16	Julia	McDowell	Wilson	1/23/2009
1:12.80	Emma	Duffy	Wilson	1/30/2009
1:12.88	Cally	Gallison	Wilson	1/23/2009
1:13.16	Nicole	Jones	Grant	12/12/2008
1:14.22	Alisha	Green	Grant	12/12/2008
1:14.59	Melissa	McCrary	Grant	12/12/2008
1:15.19	Maddie	Toland	Grant	1/30/2009
1:16.56	Anna	Claypool	Lincoln	1/23/2009
1:16.73	Amanda	Ischenberger	Lincoln	1/9/2009
1:17.71	Madeline	Terry	Grant	1/9/2009
1:19.22	Allison	Dobscha	Lincoln	12/10/2008
1:20.79	Janna	Delwiche	Grant	1/9/2009
1:20.91	Amanda	Dority	Lincoln	1/14/2009
1:21.04	Emily	Chung	Grant	2/4/2009
1:21.56	Collette	Cruz	Benson	1/23/2009
1:24.06	Stephanie	Nakamine	Grant	2/4/2009
1:26.54	Maddie	Duvall	Grant	1/9/2009
1:29.25	Kianna	Green	Grant	1/14/2009
2:03.03	Alain	Ortega	Benson	1/23/2009

*Race # 19 Women's 100 Yard Breaststroke**1:11.62**Kristen Sharp**Grant**12/8/2006*

1:15.24	Kristine	Cheng	Lincoln	1/30/2009
1:16.45	Maddi	Hanlon-	Grant	1/30/2009
1:16.80	Elaina	Ransford	Lincoln	1/30/2009
1:19.10	Nicole	Jones	Grant	1/30/2009
1:19.68	Ivette	Dailey-	Grant	2/4/2009
1:20.36	Katie	Kavanaugh	Lincoln	12/10/2008
1:21.06	Collette	Cruz	Benson	12/10/2008
1:21.39	Victoria	Buck	Lincoln	1/14/2009
1:21.97	Jenna	Delwiche	Grant	2/4/2009
1:23.23	Meg	Claypool	Lincoln	12/10/2008
1:24.10	Kianna	Green	Grant	1/9/2009
1:24.55	Corina	Conley	Benson	1/16/2009
1:24.87	Lauren	Ogard	Grant	1/14/2009
1:24.94	Eileen	Collmer	Grant	1/9/2009
1:26.47	Andrea	Chin	Wilson	1/28/2009
1:26.56	Grace	Recht	Lincoln	12/10/2008
1:26.59	Cara	Bolton	Lincoln	1/9/2009
1:27.09	Amanda	Dority	Lincoln	1/23/2009
1:27.90	Abiola	Aderonmu	Benson	1/16/2009
1:30.25	Katie	Schakols	Grant	12/12/2008
1:30.99	Lian	Nitani	Wilson	1/16/2009
1:31.15	Libby	Runde	Wilson	1/28/2009
1:31.87	Maddie	Toland	Grant	1/9/2009
1:32.36	Emily	Chung	Grant	12/12/2008
1:32.83	Colleen	Newey	Wilson	1/30/2009
1:33.46	Morgan	Gilbert	Wilson	1/23/2009
1:38.50	Amber	Waddle	Franklin	1/28/2009
1:39.97	Erin	Dunlop	Wilson	1/30/2009
1:42.37	Natalie	Albert	Wilson	12/12/2008
1:50.97	Miranda	Paasche	Wilson	1/16/2009
1:56.53	Jovanna	Seale	Franklin	1/7/2009

*Race # 21 Women's 400 Yard Freestyle Relay**3:53.58**Liebe, Kiyuna, Yin, Mahalic**Wilson**1/19/2007*

3:59.25		Lincoln	Lincoln	1/30/2009
4:24.64		Wilson	Wilson	12/12/2008
4:24.90		Grant	Grant	12/12/2008
4:53.50		Benson	Benson	1/23/2009